

12-Step Meetings

Each participant will be required to participate in a minimum number of 12-step meetings on a weekly basis according to the schedule below. All participants must turn in a weekly signature sheet to the treatment provider on the Monday following the reported week. Signature sheets will be provided to the participants. The treatment provider will keep a log of all meetings attended and report to the program coordinator any missed meetings.

Participants are expected to participate actively in the meetings. It is encouraged that participants attend different meetings at different locations during Phase I. Each group has somewhat their own personality and perspective; therefore, each participant needs to find the group with which they feel most comfortable.

Participants will also be required to obtain a Big Book and sponsor from these meetings. A sponsor serves as a mentor and assists the participant with working the 12-steps of recovery. Failure to attend required meetings and obtain a relationship with a sponsor will result in sanctions.

Phase	12- Step Meetings per Week
1	2
2	2
3	3